

Participant Information Sheet

Version 8 (06.05.15)

Study title: Cwm Taf Cares: Walking in their shoes. A pilot exploration of the impact of different training interventions on learning and reflection amongst NHS staff

We would like to invite you to take part in our study. Before you decide, it is important for you to understand why the study is being done and what it will involve for you. Please take time to read the following information carefully and discuss it with others if you wish. Please contact us if there is anything that is not clear or if you would like more information. Take time to decide whether or not you wish to take part. Thank you for reading this.

What is the purpose of the study?

The Francis Report has brought the importance of nurturing qualities such as caring, compassion and empathy amongst healthcare staff to the forefront of political and professional thinking. Health professional education and training has a significant role to play in this and it is important that education approaches maximise the opportunity for learning and reflection.

Stories are increasingly being used as a learning tool in health professional education and training. We have worked with a creative partner to produce a short story about a patient's experiences of being in hospital. We've linked segments from the story to different locations around the hospital to build a learning resource. We now want to test the best way of using the resource in a training setting to promote learning and reflection on patient care. In this pilot study, we are going to focus on whether and how the story resource affects self-assessed levels of caring amongst doctors and nurses. This will provide a vital step towards conducting a larger study.

Why have I been chosen?

If you are a nurse or a doctor, you are being invited to help us test the story resource. Your contribution will help us identify an effective way of delivering training to NHS doctors and nurses involved in patient care.

Do I have to take part?

It is up to you to decide whether or not to take part. This information sheet aims to help you make that decision. If you decide to take part you are still free to withdraw at any time without giving a reason and your data will be removed from the project until it is no longer practical to do so (e.g. when the coding sheet has been destroyed or data have been published).

What will happen to me if I take part?

If you agree to take part, you will be invited to attend a lecture at Royal Glamorgan Hospital and allocated to a group which will be subject to one of three interventions.

- Group 1 will receive a short lecture about caring
- Group 2 will receive the lecture plus a session using an online story resource
- Group 3 will receive the lecture and listen to story clips while walking around the hospital.

The intervention will take place on **Friday 10th July 2015** at the **Medical Education Centre, Royal Glamorgan Hospital**.

You will be expected to complete a questionnaire before the intervention. Please complete and return this questionnaire, along with your completed consent form, using the addressed envelope

that will be provided **within 5 working days of receiving it**. We will ask you to complete a second, similar questionnaire immediately after the intervention and a third one month later. The questionnaires are designed to assess caring and to capture your views on the intervention. Each should take you about 12-15 minutes to complete.

What are the possible benefits of taking part?

All participants will receive an education intervention on caring. Your contribution will also help us identify an effective way of delivering training to NHS staff involved in patient care.

What are the possible risks or disadvantages of taking part?

There are no foreseeable risks of taking part. The only disadvantage would be taking around 15 minutes out of your time to complete the questionnaire prior to, and after the intervention. You will then be asked to complete another questionnaire one month after the intervention. The intervention itself will take approximately 60 minutes.

During the study, if you disclose anything that would normally require referral to a third party or agency, such as malpractice or illegal activity, the project team will be required to report this disclosure so that appropriate action can be taken.

What if there is a problem?

If you have a concern about any aspect of this study, you should ask to speak to the project officer who will do her best to answer your questions (please contact Dr Rhian Morgan; 01443 483027). If you remain unhappy and wish to complain formally, you can do this through the NHS Redress Scheme. Details can be obtained from Cwm Taf University Health Board's Concerns team (Telephone Number: 01443 744800).

Will my taking part in this study be kept confidential?

Yes. Any information you give us will remain confidential and be anonymised. We will use a coding system for the questionnaires so that we can track any changes over time for each individual participant. The code will be held securely by two team members and other members will not have access to this. The code will be destroyed once the responses have been entered onto a spreadsheet. Anonymised data may also be looked at by representatives from Cwm Taf UHB's Research & Development department to ensure the study is being carried out in a proper manner.

What will happen to the results of the study?

We plan to use the anonymised data, including direct quotes, in presentations, academic journal articles and reports. You will not be identified in any report, publication or presentation.

Participants can also choose to receive an email (via the UHB internal mail system) giving a brief summary of the findings from the study by ticking the box on the study consent form to request this.

Who is organising and funding the research?

This study is being organised and conducted by a team from the University of South Wales, Cwm Taf University Health Board (UHB), StoryWorks UK and Cardiff University. The team is led by Professor Maggie Kirk, with Dr Deborah Lancaster, Dr Juping Yu, Mrs Karen Roberts, Mrs Andrea Gristock, Mrs Angela Jones, Ms Lisa Heledd Jones and Mr Jay Beavan. Dr Rhian Morgan is the Project Officer and the study is being funded by Cwm Taf UHB.

Who has reviewed the study?

This study has been given approval to commence by Cwm Taf University Health Board's Research Risk Review Group and the University of South Wales Faculty of Life Sciences and Education Research Ethics Committee.

What happens next?

If you are willing to participate in this study, please return the completed consent form and the questionnaire to the address shown on the self-addressed envelope provided **within 5 working days of receiving it**. The consent form and questionnaire have an identification code which will be unique to you. This code must then be used on the subsequent questionnaires. You will be sent details of the date, time and venue for the lecture.

Contact for Further Information: Dr Rhian Morgan

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